



THE ADOLESCENT WELL VISIT

Coastal Pediatric Associates strives to provide the best possible health care available for your child.

In accordance with American Academy of Pediatrics (AAP) recommendations (see footnote), the routine Adolescent Well Visit may include the following:

- **Complete Physical Examination with Vital Signs**
 - heart rate
 - respiratory rate
 - blood pressure
 - blood oxygen saturation
- **Assessment of Physical Growth and Development**
 - height, weight, BMI measurements
 - physical development/maturity scoring
- **Sensory Screening**
 - vision
 - hearing
- **Assessment of Developmental and Behavioral Health**
 - developmental surveillance
 - psychosocial/behavioral assessment
 - screening for depression and anxiety
 - screening for tobacco, alcohol or drug use
- **Procedures**
 - immunization
 - HIV risk assessment and screening
 - blood and urine screening as indicated for
 - anemia
 - HIV infection
 - thyroid dysfunction
 - chlamydia/gonorrhea
 - dyslipidemia (elevated cholesterol/triglycerides)
 - blood sugar control

Our providers are eager to partner with you to help your child maintain optimum health.

Communication is essential! Should you have any questions or concerns regarding your child's health or development, please do not hesitate to let us know. Based on family history and/or information provided to us by you or your child, additional screening may occur in hopes of identifying problems before they emerge.

We look forward to walking alongside your family as your child continues the journey into adulthood.

The Partners of Coastal Pediatric Associates